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1 in 3

women have been slapped, pushed, or shoved



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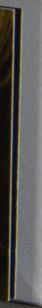
women have been slapped, pushed, or shoved

I couldn't acknowledge the abuse until after I left.
Looking back, all the signs were there. I convinced
myself that I deserved it. We moved in
together, and the abuse became
apparent to everyone but me.
I decided I didn't want my family in my life for the sake of my own
happiness. I would excuse his behavior. I blocked out
many things in order to survive. He loved me, protected
me, and provided for me. But as time wore on, things began to
change. He would get angry over the smallest thing
and belittle me. Belittling eventually turned into hitting.
I tried to get out, over and over again.
I learned to appease him and avoid his triggers. I was
angry with myself for allowing things to upset him.
I tried to hide the bruises with makeup.



88% of domestic violence victims are women.

relationships
vs.





Examples of
name ce

Violence, stalking, and psychological aggression most
often **begin in a woman's youth** (before age 25).



The facts printed on the slide

Only 20% of victims obtain protection orders.

There are **four** types of intimate partner violence:
physical aggression, psychological aggression, stalking,
and sexual aggression.



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...at fault. I began to cut off all contact with my family because
...me that they only cared about their own well-being. I tried t
...bruises with make up. When that didn't work I calle
...was ashamed of myself for allowing this to happen. After a while, I began
...was ugly, stupid, worthless, and good for nothing. I couldn't see
...I learned to hide the bruises. I was trapped. Every day I lived in fea
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