NAME Abaca
FIBER TYPE Leaf
PART USED Leaf stem of tall perennial herb
FIBER PURCHASE Available by mail order
PRE-COOKING PREPARATION Cut into small pieces and soak in clear water at least 24 hours. If purchased in dry sheets, soak at least 1/2 hour before blending.
COOKING 2 hours or more with lye. No cooking required purchased in sheet form.
BEATING METHOD 4 1/2 hours in the Hollander. If in sheet form, 1/2 hour in the blender.

Sheet 1 is natural unbleached abaca.
Sheet 2 is bleached.

• See mixed fiber sheets in back.

ABACA
STRAW
BAG
X LINEN
AMPI
TE
OZO
K BERRY
PAPER
FLE